

# Pediatric Health History

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Parents'/Guardians' Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Parent's Cell Phone: \_\_\_\_\_ May we leave a message?  Yes  No

Parent's Work Phone: \_\_\_\_\_ May we leave a message?  Yes  No

Parent's Email: \_\_\_\_\_ May we leave a message?  Yes  No

How did you hear about us? \_\_\_\_\_

Siblings and ages: \_\_\_\_\_

Has your child received previous chiropractic care?  Yes  No

## Emergency Contact

Name: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternative Phone Number: \_\_\_\_\_

## Family Doctor

Name: \_\_\_\_\_ Professional Designation: \_\_\_\_\_

Clinic Name: \_\_\_\_\_ Date and Reason of Last Visit: \_\_\_\_\_

May we communicate with your family doctor regarding your child's care if necessary?  Yes  No

## Other Health Care Professionals

(Medical Specialist, Naturopathic Doctor, Homeopath, Physiotherapist, OT, Message Therapist, etc)

Name: \_\_\_\_\_ Professional Designation: \_\_\_\_\_

Clinic Name: \_\_\_\_\_ Date and Reason of Last Visit: \_\_\_\_\_

Name: \_\_\_\_\_ Professional Designation: \_\_\_\_\_

Clinic Name: \_\_\_\_\_ Date and Reason of Last Visit: \_\_\_\_\_

## Why have you decided to have you child evaluated by a Chiropractor?

- He/She is continuing care from another chiropractor.
- I recently had my spine checked and understand the value in getting my child checked.
- I have concerns about his/her health and I am looking for answers.
- He/She has a specific condition and I've learned that chiropractic may be able to help.
- I want to improve my child's immune function.

## Wellness Profile on next page - PLEASE READ

The human body is designed to be healthy. The primary system in the body which coordinates health and function is the nervous system. Your nervous system is surrounded and protected by the bones of the spine, called **vertebrae**. Many of the common health challenges that adults experience have their origins during the **development years**, some starting at birth. Layers of damage to the spine and **nervous system** occur as a result of various **traumas, toxins, and emotional stress**. The result may be misalignment to the spinal column and damage to the nervous system, a condition called **Vertebral Subluxation**. Please answer the following questions to give us a better understanding about your child's state of wellness and factors which may be contributing to vertebral subluxation and impeding your child's ability to heal.

\_\_\_\_\_ initial

**What signals has your child's body been communicating?**

Current  
Previous

- Asthma
- Respiratory Tract Infections
- Sinus Problems
- Ear Infections
- Tonsillitis
- Strep Throat
- Frequent Colds / Croup
- Recurrent Fevers
- Eczema
- Rashes
- Allergies
- Food Sensitivities
- Digestive Problems

Current  
Previous

- Frequent Diarrhea
- Constipation
- Flatulence
- Headaches / Migraines
- Neck Pain
- Torticollis / Head Tilt
- Trouble Feeding on One Side
- Back Pain
- Growing Pains
- Scoliosis
- Red, Swollen, Painful Joint
- Colic
- Frequent Crying Spells

Current  
Previous

- Slow Weight Gain
- Slow or Absent Reflexes
- Asymmetrical Crawling or Gait
- Weight Challenges
- Bed Wetting
- Sleep Problems
- Night Terrors
- Tip Toe Walking
- Sensory Processing Issues
- Seizures
- Tremors / Shaking
- ADD / ADHD
- Autism / PPD

None of above, I would like my child's nervous system assessed to achieve optimal health & functioning. (skip "Health Concern section)



**LIST YOUR HEALTH CONCERNS BELOW**



Health Concerns: List according to severity	If Pain, Rate of Severity 1 = mild 10 = unbearable	When did this episode start?	If your child has had the condition before, when?	Any medication for this condition?	Any other treatment received for this?
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____

**HAVE YOU EVER SEEN OTHER HEALTH PROFESSIONALS FOR THESE CONDITIONS?** \_\_\_\_\_

**PLEASE LIST MEDICATIONS/TREATMENT RECEIVED:** \_\_\_\_\_

**Birth Experience** (Please complete to best of your knowledge)

Location of Birth:  Home  Hospital  Birthing Center  Other: \_\_\_\_\_

Birth Attendants:  Doula  Midwife  GP  OB  Other: \_\_\_\_\_

Medications during labor/delivery (including IV antibiotics):  No  Yes: \_\_\_\_\_

Was Pitocin used to induce / speed up labor?  No  Yes

Was you child at any time during pregnancy in a constrained position?  No  Yes  Unsure

If yes, please describe:  Breech  Transverse  Face / Brow presentation

Was your delivery vaginal or C-section? \_\_\_\_\_ If C-section, was it planned or emergency? \_\_\_\_\_

If it was vaginal, was the baby presented:  Head  Face  Breech

Were any of the following intervention used?  Forceps  Vacuum Extraction  Other

If yes, please specify: \_\_\_\_\_

How long was labor from the first regular contractions to birth? \_\_\_\_\_ hours.

How long was the second stage (the pushing phase) of the labor? \_\_\_\_\_ hours.

Was the baby born with any purple-markings / bruising on their face or head?  No  Yes

Any concerns about misshapen head at birth?  No  Yes

**Post Natal & Infant History**

How many weeks gestation was the baby at birth? \_\_\_\_\_ Weight: \_\_\_\_\_ Length: \_\_\_\_\_

If known, APGAR scores as: 1 minute: \_\_\_\_\_/10 5 minutes: \_\_\_\_\_/10

Was the baby ever admitted to the NICU?  No  Yes

If yes, for how long and why? \_\_\_\_\_

Was any medication given to the child at birth?  No  Yes  Unsure

If yes, what medication and why? \_\_\_\_\_

Was your child exclusively breastfed?  No  Yes  Months: \_\_\_\_\_

Did your child show any sensitivities to formula? (reflux, eczema, arching back)  No  Yes

What age did you introduce solid foods to your child? \_\_\_\_\_ months

Did your child spend a lot of time in any baby devices

No  Yes Which types? (circle) BOUNCY SEATS SWINGS BUMBOS CAR SEATS JUMPERS OTHER

**Physical Traumas**

Has your child ever fallen from any high places?  No  Yes

Has your child ever been involved in a motor vehicle accident?  No  Yes

Has your child broken any bones?  No  Yes

Has your child had any previous hospitalizations?  No  Yes

Has your child had any previous surgeries?  No  Yes

Does your child use a tablet, computer, or video game?  Never  Rarely  Daily  Several hrs/day

Does your child watch TV?  Never  Rarely  Daily  Several hrs/day

Does your child exercise?  No  Daily  Weekly  Seasonally

Does your child play contact sports?  No  Daily  Weekly  Seasonally

Does your child sleep on their .....  Back  Belly  Sides (both, right, left)

Does your child carry a back pack?  No  Yes

Does it weigh less than 15% of their body weight?  No  Yes

Do they wear their back pack on 2 shoulders?  No  Yes

Does your child's shoes show excessive or uneven wearing out?  No  Yes

Does your child wear custom orthotics?  No  Yes

If yes, for what purpose? \_\_\_\_\_

**Do you feel your child developmentally appropriate for their age?**

Intellectually:  Yes  No \_\_\_\_\_

Emotionally:  Yes  No \_\_\_\_\_

Physically:  Yes  No \_\_\_\_\_

**Practice Member Information (Must be Completed before Services Can Be Rendered)**

NAME: \_\_\_\_\_  
                                    FIRST                                    MIDDLE                                    LAST

PHONE: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

SOCIAL SECURITY NUMBER: \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

CONTACT IN CASE OF EMERGENCY: \_\_\_\_\_ Phone #: \_\_\_\_\_

**NAME OF PRIMARY INSURANCE CARRIER:** \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Insured Social Security Number: \_\_\_\_\_

**NAME OF SECONDARY INSURANCE CARRIER:** \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Insured Social Security Number: \_\_\_\_\_

**Insurance Policies and Fee Schedule**

- **Consultation**-Includes practice member history. This service is complimentary.
- **Assessment (new or established practice member)**- includes one or more of the following: thermography, surface electromyography, range of motion, motion and /or static palpation, leg checks \$50-\$75.
- **Chiropractic Adjustment**- The actual re-alignment of the vertebra done by hand. Often a sound will be heard, but if there is no auditory result, it does not mean that the adjustment has not taken place. \$40-\$60.
- **X-Rays**-Specific x-ray views taken of your spine to determine a misalignment/subluxation of your vertebrae. These can be used to indicate progress after a period of care. \$40 per view.
- **Video Fluoroscopy**- A radiographic spinal motion study performed in combination with x-rays to determine a misalignment/subluxation. This may be used to indicate progress after a period of care. \$150 for full study.

**Release of Authorization/Assignment of Benefits**

I authorize and request payment of insurance benefits directly to Jessica Harden, DC. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other arrangements have been made in advance. I understand that I am financially responsible for charges not covered by this assignment.

Signed \_\_\_\_\_ Date \_\_\_\_\_

## FAMILY HEALTH HISTORY

THIS FORM IS TO ASSIST THE DOCTORS BY PROVIDING PAST HEALTH HISTORY INFORMATION  
FOR THEIR REVIEW.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PLEASE PRINT YOUR NAME HERE

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIABETES					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					

## Terms of Acceptance

In order to provide for the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-patient relationship, it is our wish to provide each patient with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following point regarding chiropractic care and the services that are offered through this clinic:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve processes.
- C. The chiropractic adjustment process, as defined in the law of this jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe, effective procedure applied over one million times each day by doctors of chiropractic in the United States alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive a prompt referral to an appropriate provider or specialist, according to the initial indications of the need.
- E. Chiropractic does not seek to replace or compete with your medical, dental or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care, etc., is essential to maximum healing and optimal health through chiropractic.
- G. We invite you to speak frankly to the doctor on any matter related to your care at this facility, its nature, duration, or cost, in what we work to maintain as a supporting, open environment.

I \_\_\_\_\_ have read and fully understand the above statements.  
(Print name)

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

### **Notice of Privacy Practices Acknowledgement**

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I acknowledge that I may request your NOTICE OF PRIVATE PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed and carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

## **INFORMED CONSENT FOR CHIROPRACTIC CARE**

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IS ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IS THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

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**I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THAT THE DOCTOR DEEMS NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.**

\_\_\_\_\_  
PRINT PATIENT'S NAME HERE

\_\_\_\_\_  
PATIENT'S SIGNATURE

\_\_\_\_\_  
DATE

**IF THIS HEALTH PROFILE IS FOR A MINOR/CHILD, PLEASE FILL OUT AND SIGN BELOW**

### **WRITTEN CONSENT FOR A CHILD**

NAME OF PATIENT WHO IS A MINOR/CHILD \_\_\_\_\_

**I AUTHORIZE DR. JESSICA HARDEN AND ANY AND ALL PROVIDENCE CHIROPRACTIC STAFF TO PERFORM DIAGNOSTIC PROCEDURES, RADIOGRAPHIC EVALUATIONS, RENDER CHIROPRACTIC CARE AND PERFORM CHIROPRACTIC ADJUSTMENTS TO MY MINOR/CHILD.**

**AS OF THIS DATE, I HAVE THE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR/CHILD. OF MY AUTHORITY TO SELECT AND AUTHORIZE CARE IS REVOKED OR ALTERED, I WILL IMMEDIATELY NOTIFY PROVIDENCE CHIROPRACTIC.**

\_\_\_\_\_  
DATE

\_\_\_\_\_  
GUARDIAN SIGNATURE AND RELATIONSHIP TO MINOR/CHILD

\_\_\_\_\_  
WITNESS SIGNATURE (OFFICE STAFF)

\_\_\_\_\_  
DATE